

Dzogchenteaching with Geshe Gelek Jinpa Teachings from the Gyalwa Chaktri

Geshe Gelek Jinpa was born in 1967 in Eastern Tibet in the Khyungpo region. At 19, he became a monk and started the first studies in meditation and Dzogchen with the master Bönying Rangdröl. He received a philosophical education of the scholar Geshe Drangsong Yungdrung, who had founded a university at Tsedrup monastery. Geshe Gelek left Tibet in 1992 and joined the Monastery of Dolanji, there he had the opportunity to deepen his knowledge, afterwards he studied at Triten Norbutse Monastery, where he received the Geshe degree. He is a student of Yongdzin Rinpoche, from whom he received a thorough training in the Dzogchen methods. He successfully completed twice the Tummo Retreat - once before his departure from Tibet and another time in 2001 in the Normandy where he participated in an academic research program on the effects of Tummo. He teaches regularly in Shenten Dargye Ling and other European countries.

This year he will teach the 4th chapter from the Dzogchenteaching "Gyalwa Chaktri". Gyalwa Chaktri is a collection of texts, which was put together by Dru Gyalwa Yungdrung, a great master of the 13th century. The text includes practical guidelines and enables us directly to gain insight and application into the most important Dzogchen cycle of Yungdrung Bon "Zhangzhung Nyen Gyu". Furthermore, the instructions of the Gyalwa Chaktri help to deeply enter into the meditative practice of the Bon tradition. The 4th chapter deals specifically with the practice of thögal.

Seminar start: 11/25/2015 10 clock

Seminar end: 11/29/2015 13 clock

The course language is English with translation into German.

Venue: Seminar House Hans Vogel, 91460 Baudenbach

Reservation: phone [09166/564](tel:09166564) or hans-vogel@gmx.net

- EZ room 24 euro - double 20 euro - Shared Room 15 Euro
- Electricity 4 euro (for participants who live outside)
- Full board 20- 22 Euro (depending on group size)

Seminar fees 150 €

Registration for the retreat, please contact Simone Beuerle: si.beuerle@gmx.de

