

Mataelpino (Madrid) 10-12 May 2012
RETREAT OF TEACHINGS
FIRST CHAPTER OF THE GYALWA CHAKTRI OF THE DZOGCHEN CYCLE
PRELIMINARY PRACTICES OF DZOGCHEN

Led by: **Geshe Gelek Jinpa**
Teacher at the Triten Norbutse Bonpo monastery, Kathmandu, Nepal

Cost of the retreat: 80 euro
DAILY PRACTICE SCHEDULE

10 of May

18.00 – 17.30 –Conference about Yundrung Bön and Dzogchen

11 of May

10.00 – 13.30 -explanation and practice
16.00-18.00 -explanation and practice
18.00-19.30 – Chöd, explanation and practice

12 of May

10.00 – 13.30 -explanation and practice
16.00-18.00 -explanation and practice

The retreat will be held in a wonderful location in the mountains of La Pedriza

. For reservations and questions, please contact Joaquín at:

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Acomodations:

Hotel Mataelpino

<http://www.hotelmataelpino.com/>

tel. +34 91 8426969

Balneario El Bosque

<http://www.el-bosque.org/portal.php>

tel. +34 91 8573149

Note- It is posible to rent a house in the village of Mataelpino for a group, with a small price without fourntures.